

Budget Planning Worksheet

Estimated Income	Monthly Amount	Estimated Expenses	Monthly Amount
Income Sources		Housing	
• Net Salary		• Rent/Mortgage	
• Interest Income		• Gas/Electricity	
• Investment Income		• Water	
• Family		• Telephone/cell phone	
• Other		Food	
Non-Taxable Income		• Buying lunch at work	
• TANF*		Transportation	
• Veterans Benefits		• Car payment	
• Social Security		• Car repair	
• Other		• Car insurance	
		• Bus	
		• Subway	
		• Other	
		Health	
		• Doctors	
		• Insurance	
		• Prescriptions	
		• Other	
		Dependent Care	
		• Child care	
		• Elder care	
		Personal/Miscellaneous	
		• Clothing	
		• Laundry	
		• Dry Cleaning	
		• Personal items (shampoo, cosmetics, etc.)	
		• Other	
		Entertainment	
		• Movies	
		• Concerts	
		• Eating out	
		• Other	
		Debt Obligations	
		• Student Loans	
		• Credit Cards	
		• Other	
		Emergencies	
Total Income		Total Expenses	

*Temporary Assistance for Needy Families